Rehabilitation in Health Accounts

What is rehabilitation?

Rehabilitation needs arise from diseases, disorders, injury, trauma, or due to a factor in favouring an advanced age, instrumentation, or complications target specific aspects of functioning, as well as environmental and personal factors. For example, rehabilitation interventions may include:

- Muscle-strengthening exercises
- Speech and language training
- Social skills training
- Provision of assistive products

What benefits from rehabilitation?

Rehabilitation benefits people on a wide range of health outcomes and economic and social outcomes, beyond, including:

- Physical and psychological well-being
- Prevention of comorbidities
- Improved quality of life
- Reduced risk of re-admission
- Better education, employment, and income generation
- Protection of human rights
- Better health systems, other sectors, and countries

Why focus on rehabilitation in health systems?

Health accounts capture how health systems, other sectors, and countries contribute to and are affected by rehabilitation. They provide valuable information to help policymakers strengthen policies and programs by enabling people to return to work, support their income and social protection and engage in their community.

Why should we track rehabilitation expenditure in health accounts?

Health accounts capture the costs of rehabilitation. They can help to:

- Quantify financial coverage for rehabilitation and service users spend funds
- Identify gaps in financial coverage
- Identify available resources and improve strategic planning for rehabilitation

What do we know about rehabilitation expenditure?

Around the world, rehabilitation expenditure is often unreliable or of low quality due to:

- Limited integration of rehabilitation costs into health accounts
- Inconsistent or undefined standards for rehabilitation expenditure data validity, integrity, and precision
- Limited data availability or missing key information classification
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Our response

The Health Systems Strengthening Accelerator is working with the World Health Organization and other partners to improve rehabilitation expenditure tracking by:

- Analyzing existing solutions and opportunities
- Implementing rehabilitation expenditure classification
- Constructing data on rehabilitation expenditure in health accounts
- Developing solutions to strengthen and improve rehabilitation data collection
- Raising awareness and sharing guidance on rehabilitation expenditure

Reference

